

# DCL Collection Guide

## Parenting

### PREGNANCY

Elizabeth Aron, M.D.  
Pregnancy Do's and Don'ts.  
618.2 ARO'

Jonny Bowden.  
100 Healthiest foods to eat during pregnancy.  
618.2 BOW

Breck Hawk.  
Hey! Who's having this baby anyway?  
618.24 HAW

Zev Rosenwalks, M.D. and Marc Goldstein, M.D.  
A baby at last.  
616.692 ROS

Paula Amato and Maggie Blott.  
Pregnancy Day By Day: An Illustrated Daily Countdown to Motherhood, from  
Conception to Childbirth and Beyond.  
618.2 AMA

Lesley Regan.  
I'm Pregnant! : A Week-by-Week guide from Conception to Birth.  
618.2 REG

Joanne Stone.  
The Pregnancy Bible: Your complete guide to Pregnancy and Early Parenthood.  
618.24 PRE

Shaila Misri.  
Pregnancy Blues: What every woman needs to know about Depression.  
618.76 MIS

Roizen, Michael F.  
You having a baby: the owner's manual to a happy and healthy pregnancy.  
618.2 ROI

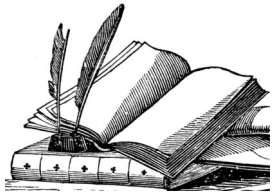
YOUR GUIDE TO THE DCL'S  
PARENTING COLLECTION!



Visit the DeWitt Community Library  
or check the online catalog through our website:  
[www.dewlib.org](http://www.dewlib.org)



# Parenting



**Books** on parenting and related topics can be found in the DCL's **Parenting** section, located outside the Children's Area. Here are some suggested titles:

## RAISING A READER

Alison LR Davies.  
Reading to your baby.  
NEW 372.425 DAV

Donalyn Miller and Jeff Anderson.  
The Book Whisperer: Awakening the Inner Reader in Every Child.  
372.6 MIL

Susan Newman.  
A Parent's Guide to Reading to Your Young Child.  
649.58 NEU

Emma Walton Hamilton.  
Raising Bookworms: Getting Kids Reading for Pleasure and Empowerment.  
028.55 HAM

Pam Allyn.  
What to Read When.  
649.58 ALL

Esme Raji Codell.  
How to Get Your Child to Love Reading.  
028.55 COD

Jennie Nash.  
Raising a Reader: A Mother's Tale of Desperation and Delight.  
028.55 NAS

Jim Trelease.  
The Read Aloud Handbook.  
372.6 TRE

## FERTILITY

Marc Sedaka.  
What he can expect when she's not expecting.  
NEW 616.692

Melissa Ford.  
Navigating the Land of If: Understanding Infertility and Exploring your options.  
616.692 FOR

Rebecca A. Clark.  
Planning Parenthood: Strategies for Success in Fertility Assistance, Adoption and Surrogacy.  
618.17 PLA

Zita West.  
Fertility and Conception: The Complete Guide to Getting Pregnant.  
616.692 WES

Jackie Meyers-Thompson.  
Fertility for Dummies.  
616.692 MEY

Helen Caton.  
Fertility Plan: A Holistic Program for Conceiving a Healthy baby.  
616.692 CAT

Angela Wu.  
Fertility Wisdom: How Traditional Chinese Medicine can help overcome infertility.  
616.692 WU

Robert Barbieri.  
Six Steps to Increased Fertility: An Integrated Medical and Mind/Body program to promote conception.  
616.692 BAR

Toni Weschler.  
Taking Charge of Your Fertility: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health.  
616.692 WES

# Parenting

## ADOPTION

Darron T. Smith.

White parents, black children: experiencing transracial adoption.  
NEW 362.734 SMI

Deborah D. Gray.

Attaching in Adoption: Practical Tools for Today's Parents.  
362.734 GRA

Lark Eshleman.

Becoming a family: Promoting Healthy Attachments with your Adopted Child.  
362.735 ESH

Brett McWhorter Sember.

The Complete Adoption and Fertility Legal Guide.  
346.73 SEM

Laura Beauvais and Raymond Godwin.

The Complete Adoption Book: Everything you need to adopt a child.  
362.734 BEA

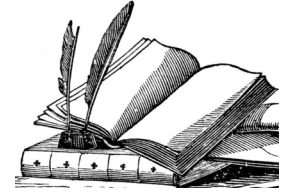
Keck, Gregory C.

Parenting the hurt child: helping adoptive families heal and grow.  
649.145 KEC

Keck, Gregory C.

Adopting the hurt child: hope for families with special –needs kids: a guide for parents and professionals.  
362.734 KEC

## BRINGING UP BOYS



Kate Stone Lombardi.

Mama's boy myth: why keeping our sons close makes them stronger.  
NEW 306.874 LOM

Richard Whitmire.

Why boys fail: saving our sons from an educational system that's leaving them behind.  
NEW 370.15 WHI

Michael Gurian.

The Purpose of Boys: Helping Our Sons Find Meaning, Significance, and Direction in Their Lives.  
155.432 GUR

Malina Saval.

The Secret Lives of Boys: Inside the Raw Emotional World of Male Teens.  
155.532 SAV

Abigail Norfleet James.

Teaching the Male Brain: How Boys Think, Feel and Learn in School.  
371.823 JAM

Stephen James.

Wild Things: The Art of Nurturing Boys.  
248.845 JAM

Michael Thompson.

It's a Boy: Understanding Your Son's Development from Birth to Age 18.  
305.231 THO

Peggy Drexler.

Raising Boys Without Men: How Maverick Mothers are Creating the Next Generation Of Exceptional Men.  
306.874 DRE

# Parenting

## BRINGING UP GIRLS

Joyce T. McFadden.

Your daughter's bedroom: insights for raising confident women.

NEW 649.65 MCF

Rachel Simmons.

Odd Girl Speaks Out: Girls write about bullies, cliques, popularity and jealousy.

305.23 ODD

Michelle Anthony.

Little girls can be mean.

371.58 ANT

Peggy Orenstein.

Cinderella ate my daughter: dispatches from the frontlines of the new girlie-girl culture.

305.23 ORE

Rachel Simmons

Curse of the Good Girl: Raising Authentic Girls with Courage and Confidence.

155.433 SIM

Stephen P. Hinshaw.

The Triple Bind: Saving Our Teenage Girls from Today's Pressures.

155.533 HIN

Leonard Sax.

Girls on the edge: the four factors driving the new crisis for girls: sexual identity, the cyberbubble, obsessions, environmental toxins.

305.23 SAX

James Garbarino, PhD.

See Jane Hit: Why Girls are Growing More Violent and what we can do about it.

303.608 GAR

## MOTHERHOOD/FATHERHOOD

Neal Alperin.

The Parent Principle: prescription for your child's success.

NEW 649.1 ALP

Suzanne Riss.

Working Mom (survival guide): how to run around less and enjoy life more.

NEW 306.874 RIS

Anamarie Seidel.

What you don't fix—your kids inherit: change your habits, improve their world.

NEW 649.1 SEI

Tomas Moniz and Jeremy Adam Smith.

Rad Dad: dispatches from the frontiers of fatherhood.

NEW 306.874 MON

Kathleen McCue.

How to help children through a parent's serious illness: supportive, practical advice from a leading child specialist.

NEW 649.1 MCC

Rachel Connelly.

Professor Mommy: finding work-family balance in academia.

NEW 378.082 CON

Lise Eliot.

Pink brain, blue brain: how small differences row into troublesome gaps—and what we can do about it.

612.6 ELI

Eileen Pearlman and Jill Alison Ganon.

Raising Twins: what parents want to know ( and what twins want to tell them).

649.PEA